

M.A.P.S. CANTEEN MENU - Prices current from Term 1, 2018



Sandwiches Wholegrain Bread

Vegemite	\$2.00
Cheese	\$2.50
Baked Beans / Spaghetti	\$2.50
Egg	\$3.00
Ham	\$3.00
Chicken	\$3.00
Salad	\$3.50
Ham and Salad	\$4.00
Chicken and Salad	\$4.00
Salad Container	\$4.00
Salad Container with choice of Protein	\$5.00
Extra fillings / each	50c
Rolls	50c
Toasted	50c

Hot Food



Hot Chicken and Cheese Roll	\$3.50
Hot Chicken / Cheese and Tomato Roll	\$4.00
Hot Ham and Cheese Roll	\$3.50
Hot Ham / Cheese and Tomato Roll	\$4.00
Plain Chicken Burger	\$3.50
Chicken Burger with Lettuce and Mayo	\$4.00
Chicken Burger with Salad	\$4.50
Lasagne	\$4.00
Lite Sausage Roll (low fat) / sauce Lite	\$3.00
Meat Pie (low fat) / sauce	\$4.00
Pizza Single - CB or HP	\$3.00
Kepel Dog	\$3.00
Chicken Breast Nugget	\$0.50

Extras: Tomato Sauce	.30c
Spoons	.10c



Wraps

Chicken / Lettuce and Mayo	\$4.00
Chicken Tender / Lettuce and Mayo	\$4.00
Salad	\$4.00
Ham and Salad	\$4.50
Chicken and Salad	\$4.50
Tuna and Salad	\$5.00

Drinks



Water 600ml	\$1.50
Lite Flavoured Milk 300ml	\$2.00
100% Just Juice - 110ml (apple or orange cup)	\$1.00
Plain Milk 150ml	\$1.50

Promoting and facilitating healthy and nutritious food. Open Wednesday to Friday 8.40am – 1.30pm.



Recess Foods Daily variations

Orange Pieces	25c
Pikelets - plain	25c
Garlic Bread	50c
Toasted Cheese (half)	\$1.00
Crumpet	\$1.00
Chicken Tender - Sweet Chilli	\$1.50
Chicken Chipee	50c
Mini Pizza (Homemade)	\$1.00
Corn Cobette	\$1.00
Frozen Fruit	\$1.00
Yoghurt Tub	\$1.20
Milo	\$1
Boiled Egg	50c
Fruit Bun	\$1
JJ's / Red Rock / Grain Waves	\$1.50
Hot Chocolate - available terms 2&3	\$2.00
Soup - available terms 2&3	\$1

Refreshers

Available lunch times only



Quelch Stick	\$1.00
Cruncha	\$1.00
Frozen Juice Cup / Spoon	\$1.00
Mini Calipo	\$1.00
Icy Twist - lemonade	\$1.50
Bulla Light Ice-cream Cup	\$1.50
Paddle Pop - rainbow	\$1.50
Frozen Milo	\$1.00
Paddle Pop Thickshake	\$2.00

Fresh Fruit & Fruit Salad priced seasonally



Please Note: Credit is NOT available.
Leonie Lees - Canteen Supervisor